

Griffin Regional Educational Service Agency  
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*Serving:*  
Butts, Fayette,  
Henry, Lamar,  
Newton, Pike,  
Spalding, Upson  
School Systems



# Trauma 101:

## *Understanding the Impact of Children for School Professionals*

*This RESA/GaDOE MHAT training is conducted by the Georgia State University Child Welfare Training Collaborative and is presented at no cost to our regional members.*

This workshop will provide participants with the foundational knowledge about child trauma and child traumatic stress. Three types of child trauma are defined. The workshop focuses on the impact of complex trauma behavior and development, and helps participants identify strategies for working with children who have experienced trauma. Topics include: definitions and types of child trauma, how trauma affects children and youth, overview of impact of trauma on the brain, managing physical and psychological safety for children, and enhancing child well-being and resilience.

**Date:** October 17, 2022

**Time:** 9:00 am – 1:00 pm

**Location:** Virtual Session

**Cost:** No cost (*Registration is Required*)

**Target Audience:** PK-12 School Professionals and Mental Health Support Staff

*This professional development opportunity is provided by a grant for our regional school systems. Therefore, it is Open only to educators in the Griffin RESA region: (Butts, Fayette, Henry, Lamar, Pike, Newton, Griffin-Spalding, and Thomaston-Upson School Systems).*

**Register on-line at [www.griffinresa.net](http://www.griffinresa.net)**

**Registration Deadline: October 1, 2022**