

Due to COVID-19, users may email, phone, or drop-off requests and/or materials to be printed, laminated, or other forms of development.

Email: MITICenter@griffinresa.net or Call: 770-229-3247



5	Emergency, Tragedy, Danger	Crying uncontrollably, Very Upset, Scared	😡
4	People talking about you, someone hits you	Crying, Very Sad, Mad, Frustrated	😞
3	Having to work with someone you don't like, receiving consequences for unexpected behavior	Nervous, Sad, Irritated, Disappointed	😓
2	Not being first in line, having to wait or take turns	Uncomfortable, Disappointed	😐
1	No Real Problem	Happy, Calm, Relaxed	😊

The size of my REACTION should match the size of the PROBLEM!
*Don't overreact 😊

Created by A. Harris - Adapted from "The Incredible 5-Point Scale" (Dunn/Curtis)

29W x 36L
Portrait View
\$3.50

1.2.3	Daily 5	1.2.3	Daily 5	1.2.3	Daily 5	1.2.3	Daily 5	1.2.3	Starting Arts
1.2.3	Recess	1.2.3	Recess	1.2.3	Recess	1.2.3	Recess	1.2.3	Recess
1.2.3	Biographies	1.2.3	Biographies	1.2.3	Biographies	1.2.3	Biographies	1.2.3	Biographies
1.2.3	Math	1.2.3	Math	1.2.3	Math	1.2.3	Math	1.2.3	Math
1.2.3	Lunch	1.2.3	Lunch	1.2.3	Lunch	1.2.3	Lunch	1.2.3	Lunch
1.2.3	Math Stations	1.2.3	Math Stations	1.2.3	Math Stations	1.2.3	Math Stations	1.2.3	Read Aloud
1.2.3	Read Aloud	1.2.3	Read Aloud	1.2.3	Read Aloud	1.2.3	Read Aloud	1.2.3	Read Aloud
1.2.3	Science / Social Studies	1.2.3	Science / Social Studies	1.2.3	Science / Social Studies	1.2.3	Science / Social Studies	1.2.3	Science / Social Studies
1.2.3	P.E.	1.2.3	Library	1.2.3		1.2.3		1.2.3	

31W x 24L
Landscape View
\$3.00

My SMART Goal

I will _____

by _____ I'll reach my goal by _____

24W x 17L
Landscape View

SMART Goal Planner

Specific: What EXACTLY do I want to happen?

Measurable: I will know I have reached my goal when _____

Attainable: With hard work, is it possible to reach this goal by the deadline?

Relevant and Rewarding: My goal is important enough for me to put a plan into action. I will follow this specific plan to reach my goal.

17W x 22L
Portrait View
\$1.50



Available to Regional Educators: At LOW COST

Make It Take It

Available for use at Griffin RESA. The center contains laminators, paper cutters, poster makers, binding machine, copier, and other devices for the creation of materials.

Monday-Thursday (8am-5pm)
Friday (8am-3:30pm)
Closed (12:30-1:30pm)

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