

Griffin Regional Educational Service Agency
Executive Director, Dr. Stephanie L. Gordy

440 Tilney Avenue
Griffin, GA 30224
Ph 770-229-3247
Fx 770-228-7316



Serving:
Butts, Fayette,
Henry, Lamar,
Newton, Pike,
Spalding, Upson
School Systems



Mental Control and Self-Regulation of Executive Functions

Humans are born with brains that are not fully developed. Executive functions are a neurological process that controls and regulates impulses, attention, remembering information, planning and organizing time and materials, responding in social situations and more. Students develop these skills through explicit instruction, practice opportunities, and self-reflection. In this class, participants will explore and simulate these functions, as well as fill their toolboxes with ideas to incorporate executive function instruction into the everyday classroom.

This professional development opportunity is provided by a grant for our regional school systems. Therefore, it is Open only to educators in the Griffin RESA region: (Butts, Fayette, Henry, Lamar, Pike, Newton, Griffin-Spalding, and Thomaston-Upson School Systems).

Date:	April 25 th , 2023
Time:	8:30pm – 3:30pm
Location:	Griffin RESA
Cost:	\$0 (Registration is required)
Target Audience:	K-12 th Teachers

Register online at www.griffinresa.net
Registration Deadline: April 18th, 2023