



# Youth Mental Health First Aid Training (FYMHFPA)

## WHEN

March 27, 2025  
8:30 am – 3:30 pm

**Registration Deadline:** March 20, 2025

## CLASS DESCRIPTION

Youth Mental Health First Aid USA is a full-day public education program that introduces participants to the unique risk factors and warning signs of mental health problems in adolescents, builds an understanding of the importance of early intervention, and teaches individuals how to help adolescents in crisis or experiencing a mental health challenge. Mental Health First Aid uses role-playing and simulations to demonstrate how to assess a mental health crisis; select interventions and provide initial help; and connect young people to professional, peer, social, and self-help.

## TARGET AUDIENCE

K – 12<sup>th</sup> Educators

## COST

\$0 in Region

## REGISTRATION IS REQUIRED

Register on the Griffin  
RESA website

[www.griffinresa.net](http://www.griffinresa.net)

Registration is reserved for  
Griffin RESA regional  
educators.