

Griffin Regional Educational Service Agency
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Serving:
Butts, Fayette,
Henry, Lamar,
Newton, Pike,
Spalding, Upson
School Systems



Trauma 101 Understanding the Impact of Children for School Professionals

This workshop will provide participants with the foundational knowledge about child trauma and child traumatic stress. Three types of child trauma are defined. The workshop focuses on the impact of complex trauma behavior and development, and helps participants identify strategies for working with children who have experienced trauma. Topics include a) definitions and types of child trauma; b) how trauma affects children and youth; c) overview of impact of trauma on the brain; d) managing physical and psychological safety for children; d) enhancing child well-being and resilience.

This class will be held virtually.

Date:	October 17, 2023
Time:	4:00 PM – 7:30 PM
Location:	Virtual
Cost:	\$0 (No Cost)
Target Audience:	School and System Leaders

Register online at www.griffinresa.net
Registration Deadline: **October 10, 2023**