Griffin Regional Educational Service Agency Executive Director, Dr. Stephanie L. Gordy

> 440 Tilney Avenue Griffin, GA 30224 Ph 770-229-3247 Fx 770-228-7316



Serving: Butts, Fayette, Henry, Lamar, Newton, Pike, Spalding, Upson School Systems



Wired for Danger: The Effects of Childhood Trauma on the Brain and How All Students Benefit in a Trauma Sensitive School

Our brains are amazing! They are the control centers for our whole body, and they make us who we are. Whether subtle or significant, trauma changes the brain and can affect the behavior, actions, or thinking of our students and can lead to lasting negative effects. Traumatic stress can be caused by a variety of sources, such as dramatic weather events, school shootings, bullying at school, or pandemics, (such as COVID-19), and children who have experienced trauma can sometimes behave in ways that are troubling, confusing, and even frightening. The development of symptoms can vary in severity and can impact students in more ways than teachers realize. Many educators do not realize that the effects of traumatic stress could be affecting some of their students' ability to learn. The good news is that the changes in the brain are not permanent and using trauma-informed practices can support the social and emotional well-being of all students. With the help of protective factors such as responsive and caring teachers, students can overcome many of the adversities they face.

Date: January 13 - 20, 2022

Time: ZOOM Sessions 1/13 & 8/20 from 4-5PM. Remainder online.

Location: Online only

Cost: \$35

Target Audience: K-12 Teachers, Coaches and Administrators

Register online at www.griffinresa.net Registration Deadline: January 6, 2022