

Professional Learning Opportunity

Would you know
how to respond to
a student in
crisis?



YOUTH MENTAL HEALTH FIRST AID TRAINING

Location:

Griffin RESA
8:30 a.m. - 4:00 p.m.

Dates:

December 7, 2022

Or

March 29, 2023

FREE Training & Registration

www.griffinresa.net

Participants will earn:

YMHFA Certification

Sign up quickly!

30 seat maximum

This session is only available to participants in our member systems.

Sponsored by:

GaDOE School Climate

ABOUT THE COURSE

Youth Mental Health First Aid USA is a full day public education program which introduces participants to the unique risk factors and warning signs of mental health problems in adolescents, builds understanding of the importance of early intervention, and teaches individuals how to help an adolescent in crisis or experiencing a mental health challenge. Mental Health First Aid uses role-playing and simulations to demonstrate how to assess a mental health crisis; select interventions and provide initial help; and connect young people to professional, peer, social, and self-help

PARTICIPANTS LEARN

- Assess for risk of suicide or harm
- Listen nonjudgmentally
- Give reassurance and information
- Encourage appropriate professional help
- Encourage self-help and other support strategies

