

Professional Learning Opportunity

Would you know
how to respond
to a student in
crisis?



YOUTH MENTAL HEALTH FIRST AID TRAINING

Location:



[440 Tilney Avenue, Griffin, Ga 30224](#)

June 9, 2022
8:30a.m. - 4:00p.m.

Teachers or Administrators
from regional districts should

[REGISTER HERE](#)

Participants will earn:

YMHFA Certification
&

\$250 Stipend *(for participants off contract)*
(In-person learning & lunch on your own)

Sponsored by:
[The GaDOE School Climate Team](#) & [Griffin RESA](#)

ABOUT THE COURSE

Youth Mental Health First Aid USA is a full day public education program which introduces participants to the unique risk factors and warning signs of mental health problems in adolescents, builds understanding of the importance of early intervention, and teaches individuals how to help an adolescent in crisis or experiencing a mental health challenge. Mental Health First Aid uses role-playing and simulations to demonstrate how to assess a mental health crisis; select interventions and provide initial help; and connect young people to professional, peer, social, and self-help

PARTICIPANTS LEARN

- Assess for risk of suicide or harm
- Listen nonjudgmentally
- Give reassurance and information
- Encourage appropriate professional help
- Encourage self-help and other support strategies

