



Youth Mental Health First Aid Training

WHEN

December 4, 2025
8:30 am – 3:30 pm

Registration Deadline: November 27, 2025

CLASS DESCRIPTION

Youth Mental Health First Aid USA is a full-day public education program that introduces participants to the unique risk factors and warning signs of mental health problems in adolescents, builds an understanding of the importance of early intervention, and teaches individuals how to help adolescents in crisis or experiencing a mental health challenge. Mental Health First Aid uses role-playing and simulations to demonstrate how to assess a mental health crisis; select interventions and provide initial help; and connect young people to professional, peer, social, and self-help.

TARGET AUDIENCE

K-12th Grade
Educators

COST

\$0 in region
\$0 out of region

OTHER DATES OFFERED:

March 12

REGISTRATION IS REQUIRED

[Register Here!](#)